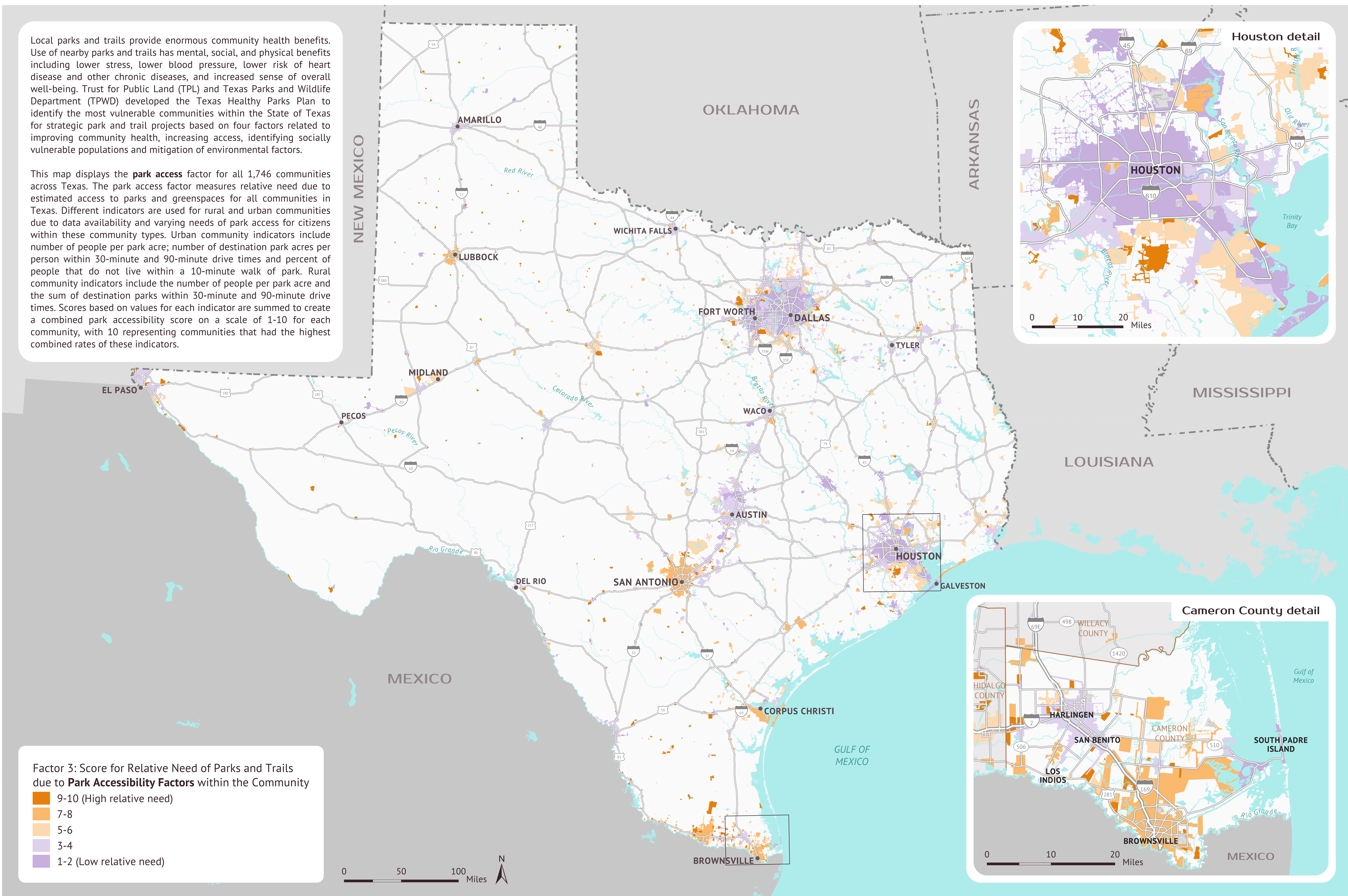


Local parks and trails provide enormous community health benefits. Use of nearby parks and trails has mental, social, and physical benefits including lower stress, lower blood pressure, lower risk of heart disease and other chronic diseases, and increased sense of overall well-being. Trust for Public Land (TPL) and Texas Parks and Wildlife Department (TPWD) developed the Texas Healthy Parks Plan to identify the most vulnerable communities within the State of Texas for strategic park and trail projects based on four factors related to improving community health, increasing access, identifying socially vulnerable populations and mitigation of environmental factors.

This map displays the **park access** factor for all 1,746 communities across Texas. The park access factor measures relative need due to estimated access to parks and greenspaces for all communities in Texas. Different indicators are used for rural and urban communities due to data availability and varying needs of park access for citizens within these community types. Urban community indicators include number of people per park acre; number of destination park acres per person within 30-minute and 90-minute drive times and percent of people that do not live within a 10-minute walk of park. Rural community indicators include the number of people per park acre and the sum of destination parks within 30-minute and 90-minute drive times. Scores based on values for each indicator are summed to create a combined park accessibility score on a scale of 1-10 for each community, with 10 representing communities that had the highest combined rates of these indicators.



Factor 3: Score for Relative Need of Parks and Trails due to **Park Accessibility Factors** within the Community

TEXAS HEALTHY PARKS PLAN

January 25, 2024. Copyright © Trust for Public Land. Trust for Public Land and Trust for Public Land logo are federally registered marks of Trust for Public Land. Information on this map is provided for purposes of discussion and visualization only. www.tpl.org

